



CAMP C.O.P.E.®

Online
Registration
is now
available!

Because **KIDS SERVE TOO!** Camp C.O.P.E.® was designed to help our **YOUNG HEROES** cope with the effects of war, deployments and the sacrifices they are asked to make every day.

At **CAMP C.O.P.E.®** children are provided age-appropriate, fun play-activity interventions in small groups of their **PEERS**, who have had **SIMILAR EXPERIENCES**.

The interventions are both direct and indirect, according to their comfort level, and are tailored to **HELP** them **COPE BETTER** emotionally.

Children who have attended Camp C.O.P.E.® have reported **IMPROVED GRADES** and **BEHAVIOR**, more **ENJOYABLE** family functioning and increased **HEALTHY RELATIONSHIPS** with others.

Mission: CAMP C.O.P.E.®
CAMP PENDLETON

DATE: February 9th, 2013
FOR: Our Young Heroes
Ages 4-17

TIME: 8:30am-- 3:30pm
8:30 Check-in 2:45 Pick Up
*Awards Ceremony will start at 3:00pm
*Lunch provided
*Sessions will be available for parents

LOCATION: Stuart Mesa Elementary School
100 Yamanako Way,
Oceanside, CA 92058

COST: **FREE**

REGISTER: FORMS AVAILABLE ONLINE:
www.campcope.org
214.991.2673

Forms may be faxed to 214-824-3777
or dropped of at the following location:

Local drop off location:
Stuart Mesa Elementary School
100 Yamanako Way,
Oceanside, CA 92058

***This program is neither sponsored nor endorsed by the DoD, DoN, USMC or MCB Camp Pendleton.

CAMP C.O.P.E.'s® interactive activities are specifically designed for the children of deployed or injured service members.

These activities will highlight:

- * Handling Stress & Fears
- * understanding changes within the family
- * Dealing with sadness & Loss * Coping Skills * Empowerment
- * anger management * Appropriate Expression of feelings



WWW.CAMPCOPE.ORG

As seen on ABC news
with Bob Woodruff



CAMP C.O.P.E. at Camp Pendleton

Stuart Mesa Elementary School, Saturday February 9th, 2013

8:30am to 3:30pm
Lunch will be Provided

Camp C.O.P.E. teaches coping skills to the children of ALL service members:

- * Returned from deployment
- * Currently deployed
- * Preparing for a deployment
- * Suffered an injury

Space is Limited so register soon!

To register:

Go to www.campcope.org and register online

or

Print off the forms and send back to us:

1. Drop off at the following location:
Stuart Mesa Elementary School
100 Yamanako Way,
Oceanside, CA 92058
2. Fax to 214-824-3777 - up to a week prior to camp.
3. Scan and email to campcope@yahoo.com

Van Epps Family, TX - I wanted to tell you how wonderful I thought Camp COPE was. My boys both got so much out of it and asked if they could go to "camp" every Saturday. Even at age 5, I can see them using some of the skills and tools you all provided them with. I especially like the "worry dolls" and they have used them every night since. It seems to be very comforting for them. THANKS to you all again.

Carr Family, NC - I wanted to send my sincere thanks for a FANTASTIC program today. This program went way beyond my expectations. I cannot tell you how excited my kids were to tell me all about their day and to show me all of their things. I have not seen them both that excited about something in a long time. I was not going to stay for the parent program today and I am so very glad that I did. Laura did a fabulous job and really helped me get some insight to help my children. I really hope that you are able to put this program on again because I really feel that military parents and kids need this kind of help! Thank you so much!

For Questions call 214.991.2673 (cope) or 214.886.4210

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