

Pendleton Post



Volume 5, Issue 1

Spring 2013

Single Marine Program PE Fitness Challenge at Jefferson Middle School

By Rose Ingersoll, Photographs by Maria Swanson

“Attention Jefferson students – the Marines have landed” - words spoken during the morning announcement to students by Principal Marie Ochoa de Higareda over the school wide PA system.

The Marines arrived bright and early to the Oceanside school to unload equipment, set up the fitness stations and prepare for the students to arrive.

Marine volunteers from the Camp Pendleton Single Marine Program (SMP) led students in four designated PE stations. A key feature of the Camp Pendleton Single Marine Program is the volunteer projects that they perform within the community.

The first PE classes rolled through shortly after 0730 and of course the Marines were ready and motivated to run the students through a variety of warm-ups, relay drills, tire rolls push-ups, sit-ups and tug of-war competitions. Needless to say these young men and women

are natural teachers; they instinctively knew how to instruct the students on their individual stations, visually demonstrating each step of the activity, verbally explaining for all the auditory learners.

The students were eager and excited, I heard a few of them mention they were scared but couldn't wait for PE.

The Marines had lunch with the students and were surrounded by the enthusiasm and energy that middle school age students bring to everything they enjoy. Many photos were taken at the lunch tables.

The final PE class concluded with a small ceremony as the students, the Principal and the Marines gathered in the center of the field. Mrs. Ochoa personally thanked each of the Marines and passed out certificates of appreciation.

37 Marines volunteered on a day of leave and ap-

proximately 800 students went through the PE Challenge.

Students from Jefferson made individualized thank you notes for each of the Marines. One student wrote “thank you for coming I had a blast even though it was hard!”

The Jefferson Military Pride club made welcoming signs for the Marines and the group card said “Thanks for the pain!”

A very motivating day!

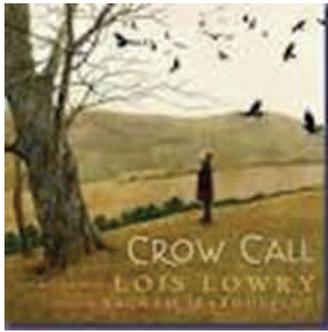


Jefferson students enjoyed themselves as they ran, pulled and crunched their way through PE class, alongside several of Camp Pendleton's "finest" young leaders.



Inside this issue:

TELL ME A STORY	2
DR. SEUSS	2
CAMP C.O.P.E.	3
ODD VELVET	3
LOCAL UPDATES	4



Tell Me A Story *By Rose Ingersoll* *Photographs by Maria Swanson*

The Commanding General of MCIWEST-MCB Camp Pendleton took time from his busy schedule to read the book **Crow Call** to students and family members as part of a Tell Me A Story (TMAS) Literacy event. TMAS is a literacy initiative sponsored by the Military Child Education Coalition (MCEC) in an effort to increase school connectivity with military families. The selected titles have rich characters and lively plots that military children can easily relate to in regards to transitions and deployments.



BGEN Vincent Coglianese speaks with a 3rd grade student after reading the book "Crow Call" to families at Santa Margarita School, TMAS event.



Brigadier General Vincent Coglianese, guest reader at Santa Margarita School on March 13, 2013

Crow Call is a semi-autobiographical story written by Lois Lowry about a young girl whose father recently returned from WWII; father and daughter take time to reconnect and enjoy a special outing.

MCB Camp Pendleton School Liaison office provided a book to each of the families in attendance. Santa Margarita School staff collaborated with the School Liaison office to plan the event.



Students enjoyed making their own crows once the story was read. The CG remained to talk with families and of course numerous photo ops with the kids!

Because a Little Bug Went Ka-Choo *By Maria Swanson*



Principal Ms. Julie Hong sits with special guest readers Mrs. Mary Coglianese and Mrs. Karen Broadmeadow at San Onofre School.



Spellbound Preppy- K students at San Onofre School listened attentively to the reading of Dr. Seuss's book February 28th, 2013. Mrs. Coglianese, the Base Commander's wife and Mrs. Broadmeadow, the 1st MLG Commander's wife read Dr. Seuss's books to a Preppy K and 3rd Grade Class at San Onofre School. San Onofre principal Ms. Julie Hong invited a series of guest readers for a weeklong reading series to celebrate Dr. Seuss's Birthday. National Education Association "Read Across America" is an annual reading motivation and awareness program that calls for every child in every community to celebrate reading on March 2, the birthday of

beloved children's author Dr. Seuss. In May 1997, a small reading task force at NEA came up with a big idea. "Let's create a day to celebrate reading," the group decided. "We hold pep rallies to get kids excited about football. We assemble to remember that Character Counts. Why don't we do something to get kids excited about reading? We'll call it 'NEA's Read Across America' and we'll celebrate it on Dr. Seuss's birthday." And so was born on March 2, 1998, the largest celebration of reading this country has ever seen (NEA website). The purpose of Read Across America is to motivate children to read. Reading is an important factor in student achievement and creating lifelong success-

ful readers. Research has shown that children who are motivated and spend more time reading do better in school. **Because a Little Bug Went Ka-Choo** was one of the books read in the Library to a very attentive class of Preppy-K students. The book is about the little bug's sneeze and the major consequences thereafter and beautifully illustrates the fact that a small event can trigger larger, unforeseen events. The children were very animated and interactive with the two distinguished guest readers, and smiles and sidebars denoting how "silly" the book was which generated many giggles.

Camp C.O.P.E. Returns to Camp Pendleton

By Rose Ingersoll, Photographs by Maria Swanson

Volume 5, Issue 1



Stuart Mesa Elementary School opened its doors on Saturday, February 7, 2013 to 102 student campers and 32 parents. The class schedule for the day did not include the normal "3Rs" of learning. This day, 17 counselors were at the helm providing therapeutic art activities to get campers talking about their unique experiences as military children who experience the hardships

of deploying parents, or the anguish of learning that a parent has been wounded.

Camp COPE founders Sarah Bravo and Elizabeth Reep brought Camp C.O.P.E. to Pendleton for the first time in 2010. They were so impressed with the strong support and family enthusiasm encountered on this first visit, that they decided to return for another Camp COPE event in 2013.

Courage, Optimism, Patience and Encouragement were themes throughout the day, skillfully embedded through the activities and discussions in each of the classrooms.

Stuart Mesa Principal Ms. Jill

Davis graciously welcomed the legion of campers, parents, and volunteers. Seven Stuart Mesa teachers volunteered to work the event as counseling assistants .

Our Camp Pendleton Commissary supported the event wholeheartedly by providing lunches for all of the children and adults, in addition to a very special prize for the lucky camper with the only blue bag of skittles tucked into his lunch bag. The commissary vendors supplied an XBOX 360 for a very special military child.

BGen and Mrs. Coglianese stopped by to visit with campers and provide remarks at the closing ceremony.

C = Courage to accept the change

O = Optimism that it will get better

P = Patience that it will take time

E = Encouragement to get through



The lucky winner had the only lunch with blue skittles!

Being Odd is Good by Maria Swanson

What do purple shirts, pipe cleaner made glasses, feathers, bracelets and colorful crowns have in common? **Odd Velvet**, the book written by Mary E. Whitcomb which showcases the theme of accepting differences and how friendship can sometimes be found in the oddest places. This book was chosen to be read at the Wounded Warrior BN-West Tell-Me-A-Story event that took place April 30, 2013. Military Child Education Coalition connected with the School Liaison office to donate 50 books and craft supplies as a sign of appreciation for the sacrifices made by

Wounded Warrior families and their children. Ms. Melinda Willett, Family Readiness Officer for WW BN-W, supplied delicious home baked chocolate chip and peanut butter cookies and milk. GySgt Benjamin Holmes was the guest reader and he did a remarkable job engaging the children in conversation about what odd and being different means. He preempted the reading activity by asking the kids what was "odd, different" about him, and children responded "your leg" (prosthetic leg). He then proceeded to read the book and at the end he asked the children if it was

OK to be different. He got a unanimous positive response that being unique and different like "Odd Velvet" is indeed a good thing. This event was a very intimate heartfelt undertaking and we felt the warmth and healing nature of getting Wounded Warrior families to talk to each other and children to share time with their parents doing crafts, playing and laughing together . Story time was taken to a whole different level while celebrating the joy of reading with children of Wounded Warriors. A very humble and inspiring experience!!



Wounded Warrior BN WEST - Odd Velvet Tell Me A Story event.

MCIWEST Parent Survey—The Marine Corps wants to hear about your experiences when moving between duty stations with school-aged children. Your voice will impact future school-based programming we offer. Please participate in our brief survey related to the transitional challenges you have encountered during PCS moves. Please copy this link to your browser to provide your input: <http://www.surveymonkey.com/s/FFHBWK9>



MCB CAMP PENDLETON SCHOOL LIAISON OFFICE

You can reach us at:
 (760) 763-7385
 (760) 763-7386

Like us on Facebook at MCCS
 Camp Pendleton School
 Liaison

<https://www.facebook.com/#!/pages/MCCS-Camp-Pendleton-School-Liaison->



School Liaison Program
 Quick Response Code (QR)
 will direct you to the
 School Liaison Directory.



UPCOMING CHANGES FOR ACADEMIC YEAR 2013-14

California's New Kindergarten Age of Admission:

In 2010, state Senate Bill (SB) 1381 amended the California Education Code to change the required birthday for admission to Kindergarten and first grade and established a transitional Kindergarten program.

With the start of the 2013-2014 school year, children entering Kindergarten must celebrate their 5th birthday on or before October 1.

In 2014-2015 and each year thereafter, a child entering Kindergarten must have his/her 5th birthday on or before September 1.

North Terrace, Stuart Mesa and Santa Margarita Schools will add a 7th grade and become K-7 for the 2013/2014 school year.

First day of school for FUESD schools: Mary Fay Pendleton & San Onofre is **August 12, 2013!**

First day of school for OUSD Schools: North Terrace, Santa Margarita & Stuart Mesa is **August 20, 2013!**

Summer Camp Programs

Junior Lifeguard Program -
For ages 9—17, sessions run from one to six weeks.

Learn about ocean safety, basic first aid, in a fun-filled environment.

<http://mccscp.com/aquatics>

Junior Golf Summer Programs— for ages 6-17, offered in weekly sessions or Saturday clinics. For registration information call (760) 725-4704

MiraCosta College for Kids/ Youth Academy — Session 4-6 at Oceanside Campus beginning July 15, 2013. Camps include: STEM

(Science, Technology, Engineering & Math, Survivor Camp, Top Chef and much more. Call (760) 795-6820 or visit their website at:

<http://www.miracosta.edu/instruction/communityservices/collegeforkids/schedule.html>

British Soccer Camps at Camp Pendleton - two sessions offered, half-day and full-day camps for ages 3-18. First session June 24-28, 2013. Second session August 12-16, 2013. click on registration link at:

<http://www.mccscp.com/youthsports>

Registration for Fall Soccer, Flag Football and Cheer-leading begins July 2— August 3, 2013. Call (760) 725-1790 or (760) 725-4188

<http://www.mccscp.com/youthsports>

