



MCIWEST-MCB CAMP PENDLETON 2016 CRITICAL DAYS OF SUMMER NEWSLETTER



WEEK 9 – Bicycle Safety



A FAMILY AFFAIR

The old art of bicycling never dies; it is an activity that combines fun and exercising. Riding gets everyone out of the house and on the road.

There are many ways bicycles are used. Bicycles are used for transportation, recreation, sports and on the job in some instances. Bicycles are used for trail riding, dirt, cross country, enjoyable exercise or just leisurely.

The positive aspect of the increasing population of biking is the decrease of air pollution which is a constant concern here in Southern California. Many people have turned to commuting to and from work by bicycling.

With the increase of bicycle usage laws have been put in place to encourage motorists to be conscious of bicycles. California has implemented the 3' law. When passing a bike the automobile must have a clearance of 3' between the automobile and the bicycle.



Aboard the base the biggest use of bicycles are for recreational purpose and youth mode of. Occasional some roads aboard Camp Pendleton are used for competitive racing and recumbent bikes and para-cycles are becoming more prevalent; these cycles are low profile bicycles so be vigilante when traveling on roads were biking takes place more often.



These riders have the same bike rights

Commanding General's Safety Hotline: (760)763-7233



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Picture of the Week



Base Safety Points of Contact

- ❖ Traffic Safety – 763-5070
- ❖ Recreations Safety – 763-5332
- ❖ Safety Training – 763-7326
- ❖ Ergonomics – 763-0254
- ❖ Radiation Safety – 763-0254
- ❖ Mishaps – 763-5334
- ❖ Asbestos/Lead – 763-5324
- ❖ Respiratory Protection, 763-2366
- ❖ Confined Space – 763-2366
- ❖ Tactical Safety – 763-5332
- ❖ Bloodborne Safety – 763-0255
- ❖ Explosive Safety – 763-4817
- ❖ HAZMAT – 763-2364
- ❖ First Aid/CPR – 763-2364

Upcoming Training

Ground Safety for Marines (15-26 August)

For more safety information check us out on our Facebook page

<https://www.facebook.com/Cpenbasesafety>

Or send us an email at:

CPEN_SAFE_TRNG@usmc.mil

Additional Link Information:

“MISSION FIRST SAFETY ALWAYS”

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