



MCIWEST-MCB CAMP PENDLETON

2015 Critical Days of Summer Newsletter

Week 15: 30 August – 5 September 2015



Travel Safety Risk Management

Risk Management is not just for training exercises, it can be used as a decision making tool to help identify risks and benefits and determine the best course of action for traveling.

Risk Management is designed to minimize risks in order to reduce mishaps, preserve assets and safeguard the health and welfare (USA.gov, 2014).



Risk Management

Accept risk when benefits outweigh the cost.

Accept no unnecessary risk.

Anticipate and manage risk by planning.

Make risk decisions at the right level.

Travel Safety Tips

Traveling requires careful planning. Below are some steps that you can take to prepare for a safe trip. You can also look for more specific information for the area you are traveling to (TravelState.gov, 2015). Travel warnings and alerts can be found on the U.S Passports and International Travel information page at <http://travel.state.gov/content/passports/english/alertswarnings.html>.

- Beware of Any Travel Alerts and Warnings for Your Destination
- Ensure you have All Required Travel Documents
- Prepare for an Emergency
- Pack light so you can move more quickly and have a free hand when you need it.
- Carry a minimum number of valuables and plan places to conceal them.
- Use covered luggage tags to avoid casual observation of your identity and nationality.
- Avoid packing IDs, tickets and other vital documents in backpacks or other locations you won't be able to see at all times.
- Carry Photocopies of Your Itinerary and Travel Documents
- Prepare to Handle Money Overseas
- Learn about local laws and customs
- Check to see if you need any new vaccinations
- Find out how to find medical help abroad
- Find out if your health insurance covers you outside the U.S.



Commanding General's Safety Hotline: (760)763-7233

Upcoming Training

(Please call Base Safety 760-763-5328, for more information, and to verify class prerequisites)

- Attitudinal Dynamics of Driving (Remedial Driving): 18 September; 2,16,23 Oct
- Fall Stand down: 28 Oct 2015

F Q T T T A F H X N K L J R N
X G H R Y I E Y Y U Q M U P O
H O A A J L K E I N U O I O I
V W H V M V H D I V F N E P T
D M D E R Q H B I L D P G V N
Z R T L L C Y W A A A D Q O E
S E A T B E L T S W T G U Z V
T N E M E G A N A M K S I R E
S G F O W F E C K G K E R W R
U A H K X X L Q H Q X R H I P
K J F D S G X R Z D Q Q R O F
Z T F E R V C U C D N Q O X Y
K L C H T W Q Z M Y T V P W M
P N N G D Y R K D J W I V Z X
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FATALFOUR
FIRSTAIDKIT
HELMET

PREVENTION
RISKMANAGEMENT
SAFETY

SEATBELTS
TRAVEL

Safety Quote of the Week

Safety - A small investment for a rich future

 Check us out on Facebook

<https://www.facebook.com/Cpenbasesafety>

Click on these links for more tips.

<http://safetycenter.navy.mil/>

<http://www.nhtsa.gov/people/injury/pedbimot/bike/kidsandbikesafetyweb/>

<http://travel.state.gov/content/passports/english/alertswarnings.html>



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