



# MCIWEST-MCB CAMP PENDLETON



Special Edition

October 5-11, 2014

## Fire Prevention Week



The risk of fire increases as we head into the cooler months. October 5<sup>th</sup>-11<sup>th</sup> is National Fire Prevention week (nsc.org, 2014). In 2013, there were 1,240,000 fires reported in the United States. These fires caused 3,240 civilian deaths, 15,925 civilian injuries, and \$11.5 billion in property damage (nfpa.org, 2014). Fire alarms can help to alert you of fires in your home or work place. In 2013, three out of five home fire deaths, resulted from fires in properties without working smoke alarms. In homes with smoke alarms that should have operated but did not do so, it was usually because batteries are missing, disconnected or dead. Make a plan to check your fire alarms regularly and replace batteries as needed.

## Steps to Prevent Fires

- Have properly working smoke alarms
- Test smoke alarms and carbon monoxide detectors monthly and change the batteries at least once a year
- Place smoke alarms on each floor of your home and in each bedroom
- Plan a family escape route and practice it once a month
- Install a home sprinkler system
- Place fire extinguishers throughout your home and make sure everyone in the house knows how to use them



## Fire Extinguishers

A portable fire extinguisher can save lives and property by putting out a small fire or containing it until the fire department arrives; but portable extinguishers have limitations. Because fire grows and spreads so rapidly, the number one priority for residents is to get out safely (nfpa.org, 2014).

- Use a portable fire extinguisher when the fire is confined to a small area, such as a wastebasket, and is not growing; everyone has exited the building; the fire department has been called or is being called; and the room is not filled with smoke.
- To operate a fire extinguisher, remember the word PASS:
  - Pull the pin. Hold the extinguisher with the nozzle pointing away from you, and release the locking mechanism.
  - Aim low. Point the extinguisher at the base of the fire.
  - Squeeze the lever slowly and evenly.
  - Sweep the nozzle from side-to-side



Commanding General's Safety Hotline: (760)763-7233

## Upcoming Training

Fall Safety Stand Down-Street Smart: Wed 29 Oct  
Next Safety Quarterly Committee: Dec 15 0900-1000  
Ground Safety for Marines Course: 1-12 December 2014  
(Please note upcoming GSM prerequisites are:  
SNCO or above and RSO course completed through MarineNet)  
Basic Life Saver (CPR): call to schedule

## Picture of the Week



For Marine Corps specific please review MCO 5100.30B Off Duty Recreation Order  
MCO 5100.19F Marine Corps Traffic safety Program

BO 5100.2L MCB Camp Pendleton Base Regulation

For more information contact the Installation OSH Manager at (760)763-7327.



Check us out on Facebook

<https://www.facebook.com/Cpenbasesafety>

[Click on these links for more tips.](#)

<http://safetycenter.navy.mil/>

[http://www.nsc.org/safety\\_home/SafetyObservances/Pages/FirePreventionWeek.aspx](http://www.nsc.org/safety_home/SafetyObservances/Pages/FirePreventionWeek.aspx)

<http://www.nfpa.org/>

[http://www.nsc.org/safety\\_home/HomeandRecreationalSafety/Documents/HomeFireSafetyChecklist.pdf](http://www.nsc.org/safety_home/HomeandRecreationalSafety/Documents/HomeFireSafetyChecklist.pdf)



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