



# SAFETY ROUNDUP

## MCI\*WEST SAFETY PRESS



# 3rd Quarter Fiscal Year 2024

## 101 Critical Days of Summer



This is the longest vacation period of the year for military members, beginning Memorial Day weekend and ending

Labor Day weekend. Summer also includes four holidays, which are typically approved as long weekends for uniformed personnel.

Potential lapses in judgment while engaging in summer activities can impact the readiness of Sailors and Marines. A general lack of situational awareness and complacency are root causes in numerous off-duty mishaps every summer.

## Safety News

3rd Quarter Safety Committee Meeting

21 May 2024 1000 - 1130

Building 1795

## Safety Excellence and Recognition



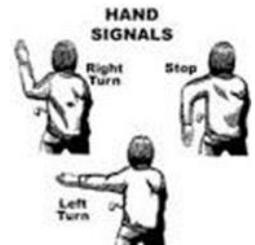
Mr. Adil Gajraj G-4 / SWRFT

Staff Sergeant Craig Holland MLG / CLR-17

## Bicycle Safety

Navigating roads with rain-induced erosions on shoulders demands heightened vigilance and adherence to bicycle safety rules. Cyclists should maintain safe distances from the road's edge, as eroded shoulders pose unpredictable hazards

- ⊗ Go With the Traffic Flow.
- ⊗ Obey All Traffic Laws.
- ⊗ Yield to Traffic .
- ⊗ Be Predictable.
- ⊗ Stay Alert at All Times.



## Wildfire Season is Coming!

### Defensible Space & Harden Your Home



- Create and maintain the space around your home
- Cut or mow annual grass down to maximum height of four inches.
- Ensure all combustible materials are located 30 feet away from your home.

### Steps To Getting Set

- Create a Wildfire Action Plan that includes evacuation planning for your home, family, and pets.
- Assemble an Emergency Supply Kit for each person in your household.
- Fill-out a Family Communication Plan that includes important evacuation and contact information.



### If Immediate Evacuation Is Necessary



Give your household the best chance of surviving a wildfire by being ready to go and evacuating early. Being ready to go also means knowing when to evacuate and what to do if you become trapped.



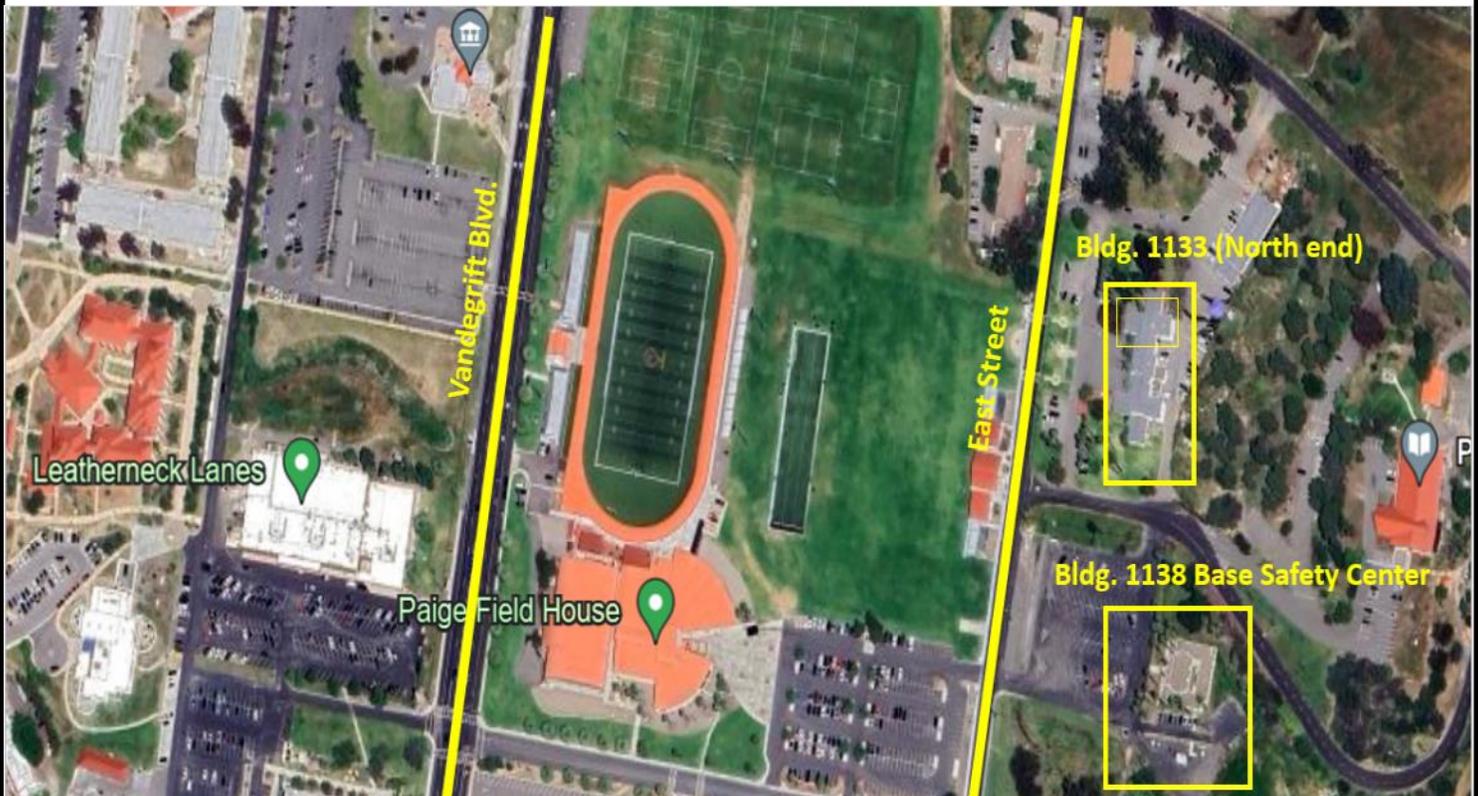
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## We Relocated

The Installation Safety team has officially relocated and now resides in building 1138 with our Occupational Safety and Health Inspector and training classroom in the north end of building 1133 (Old 1st MARDIV White House).



For non-emergency reporting, please call: (760) 763-SAFE

or email us at: [Cpen\\_Safety\\_Help@usmc.mil](mailto:Cpen_Safety_Help@usmc.mil)

(Please be advised, our office is closed on weekends and holidays.

Please allow up to 48 hours for a response from our Installation Safety Team)

**If you have an emergency, call 911.**

