



# CAMP PENDLETON PMO

## Community Awareness Newsletter

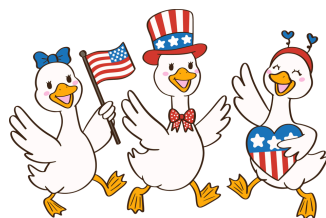
July 2026

### BIRTH OF AMERICA!!!

In the United States, 4<sup>th</sup> of July is celebrated as Independence Day, marking the adoption of the Declaration of Independence in 1776. This document announced the separation of the 13 original colonies from Great Britain and crafted a framework of government for the new nation. The American Revolutionary War was the leading conflict in which the colonies won independence. The holiday is celebrated across the United States with parades, fireworks, shows, picnics, concerts, and other festivities. Many Americans commemorate the day by flying the American flag and embracing the principles of patriotism. The document was signed by 56 delegates from the 13 colonies, who are considered the Founding Fathers of the United States.

### Committee of Five:

- Thomas Jefferson
- John Adams
- Benjamin Franklin
- Robert R. Livingston
- Roger Sherman



### Key Principles:

The Declaration famously states that "all men are created equal" and are endowed with certain unalienable rights, including "Life, Liberty and the pursuit of Happiness."

### Additional facts of July:

- July 2<sup>nd</sup>- National Woodland Firefighter Day
- Named after Julius Caesar
- July 19th National Ice Cream Day
- July 20, 1969- Appollo 11 Moon Landing
- Peak summer for the Northern Hemisphere
- July 28- World Conservation Day

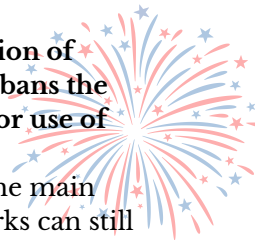


### Marine Corps Involvement:

The Marine Corps' Revolutionary War service was marked by innovative amphibious operations, naval defense, and decisive land support, proving the value of a combined arms approach in the fight for independence. Commandant General David H. Berger emphasized that for Marines, it's not just about parades and barbeques, it's a time to reflect on what it means to serve, and how we can incorporate the Marines Corps core values of Honor, Courage, and Commitment into this day.

### Firework Safety:

- **Base Order 11320.13 has a strict prohibition of fireworks aboard the installation. Which bans the sale, storage, transportation, possession or use of firework of any kind.**
- **Be mindful of fire hazards-** Even after the main event, leftover grills, sparklers, or fireworks can still pose a fire risk. Keep water nearby!
- **Stay Hydrated and Cool-** Drink plenty of water throughout the day and find shade during peak heat hours.
- **Keep an eye on Children and Pets-** Fireworks can cause harm, distress, anxiety and fear. Supervise closely and protect them from noise and potential burns, or other unsafe activities.
- **Point fireworks into a safe open space-** be mindful of who and what's around the proximity of firework usage. Fireworks have the potential to burn anyone or anything in proximity.
- **Avoid alcohol impairment-** effects of alcohol can impair judgment and coordination, increasing the risk of injury and accidents.
- **Use safe alternatives-** If you're not comfortable with fireworks, consider glow sticks, confetti cannons, digital projections for more controlled displays.
- **Lastly, HAVE FUN AND ENGAGE SAFELY!!!**



### Local Events!!!!

- **July 4<sup>th</sup> Beach Bash** at Camp Pendleton Del Mar Beach. 6:00am - 10:00pm, live entertainment and concessions.
- **San Diego County Fair** at Del Mar Fairgrounds. June 10<sup>th</sup>- July 5<sup>th</sup>, 11:00am - 10:00pm; except Mondays and Tuesdays.
- **Big Bay Boom Fireworks** at San Diego Bay at 9:15pm, viewings from Shelter Island, Harbor Island, Embarcadero, Marina District and Coronado.
- **SeaWorld San Diego**, 10:00am-11:00pm, Fireworks at 9:30pm.
- **Red, White and Boom!** at LEGOLAND CA, 10:00am- 9:00pm, Fireworks at 8:30pm.

### Reporting Information

- For emergencies, call 911
- For non-emergency concerns, contact PMO through the NON-EMERGENCY DISPATCH: 760-725-3888



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## Special Attention:

- Many regions across America experience their highest temperatures in July, peaking outdoor recreation, water activities, grilling/BBQs, fireworks and holiday travel, increasing the risks of heat-related injuries and illness. For workplaces with outdoor tasks, the change in condition creates new challenges. It's important to treat July with the awareness of heightened hazards and opportunity for safety improvement.

## Good and Bad Sun Exposure:

- **Vitamin D Synthesis**- essential for calcium absorption, bone health, and supports immune function.
- **Mood and Circadian Regulation**- enhances endorphin levels, supports melatonin synthesis, maintains natural sleep cycle, and reduces seasonal affective disorder.
- **UV exposure**- improve subdermal nitric oxide production, which may support cardiovascular health, and can be used for conditions like eczema, psoriasis, rickets, and jaundice.
- **Skin Damage and Skin Cancer**- Overexposure to UVA and UVB rays can damage skin cells, leading to sunburn, premature aging, photoaging and increased risk of skin cancers such as melanoma.
- **Eye damage**- UV radiation can harm the eyes, causing cataracts, pterygium, macular degeneration, and skin cancer around the eyes.
- **Immune system effects**- Excessive UV exposure can suppress immune function, reducing the body's ability to fight infections and repair damaged cells.

LAND OF THE  
Free  
HOME OF THE  
Brave



## Camp Pendleton Emergency Management ALERT!

Register through QR code below.  
Your go-to source for official emergency information, alerts, and preparedness guidelines specific to Camp Pendleton.

**ALERT! Register**



## Disability Pride Month:

A celebration that recognizes the identities, experiences, and contributions of people with disabilities. It began in the United States in 1990, coinciding with the signing of the Americans with Disabilities Act. The month aims to promote visibility, challenge stereotypes, and advocate for equal rights and inclusion for disabled individuals. This theme emphasizes the importance of recognizing the diverse experiences within the disabled community and advocating for representation in leadership roles. The month serves as an opportunity to engage in honest conversations about disability, challenge negative attitudes, and promote a more inclusive society.

## National Hire a Veteran Day July 22nd:

Observed annually to encourage employers to hire veterans and recognize their valuable skills in civilian workforce. Veterans bring discipline, leadership, teamwork, problem-solving skills, and a strong commitment to mission, making them highly valuable across many industries. The day was created in 2017 by Marine Corps veteran Dan Caporale, founder of Hire Our Heroes.

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Base Access



Camp Pendleton  
MCLEP Recruitment

# 250

Contact Information:  
Provost Marshal Office  
Building 4100377  
Marine Corps Base Camp Pendleton, CA

NON-EMERGENCY DISPATCH: 760-725-3888  
PMO Desk Sergeant: 760-725-9883

Physical Security:  
GySgt Panganiban  
SSgt Deleon  
760-725-9545

[pndl\\_PMO\\_PHYSEC@usmc.mil](mailto:pndl_PMO_PHYSEC@usmc.mil)

Community Oriented Policing Services:  
SSgt Barragan  
Cpl Kammel  
760-725-1138

[PNDL\\_PMO\\_CommunityOrientedPolicing@usmc.mil](mailto:PNDL_PMO_CommunityOrientedPolicing@usmc.mil)



HQ MCLEP Recruitment



Lost & Found



DBIDS Pre-enrollment



Eagles Eyes

