



13 ABHC EPHA PROCESS

Your next steps are:

1. The Service Member (SM) must first complete the online member portion of the PHA/PDHRA. Please ensure that the service member has access to a CAC reader or government computer.

EPHA/PDHRA: <https://eha.health.mil/EHA/>

2. The Service Member will pull a ticket for "EPHA" on the kiosk. To select a ticket for EPHA, please scan CAC, select "Medical Home" and then select "EPHA" .

3. A staff member will call the service member by the ticket number provided by the kiosk. The staff member will then review the service member's EPHA and identify any needs or deficiencies and send the service member any applicable forms if necessary. After reviewing the service members EPHA, the staff member will then book a virtual (telephone) appointment with a provider.

Pertinent Information for Success All PHA appointments are virtual unless otherwise coordinated.

NOTE: The results from the electronic health/risk assessment should be available in the service members MRRS after 24 hours. If the service member is unable to see their PHA updated in MRRS or MOL please contact the 13 ABHC front desk 760-763-0306. Please reference DoDI 6200.06 and SECNAV INSTRUCTION 6120.3A for the current instruction on Periodic Health Assessments (PHA).



Pre/Post Deployment Health Assessment

The Pre-Deployment Health Assessment (DD 2795), the Post Deployment Health Assessment (DD 2796), and the Post Deployment Health Re-assessment (DD 2900) are encompassed under a program mandated by the Assistant Secretary of Defense for Health Affairs. This program was designed to identify and assess your health before and after deployment outside the United States for military healthcare providers in identifying and providing present and future medical care to you. "Service member who have completed a deployment on or after 20 MARCH 2004 are required to have a completed Pre-DHA documented in their medical record and the Electronic Deployment Health Assessment

(EDHA) database via the Navy Environmental Health Center (NEHC)" (see MARADMIN 283/06).

If you cannot remember your password, start from step 1.

If you do remember your password start from step 4.

1. Website (EDHA) <https://eha.health.mil/EHA/>
2. Sign in by clicking "CAC Login." If you are not registered with your CAC card please click "Create account."
3. Once logged in, please choose EDHA and click "Deployer." If you do not have an EDHA account please click "Add a new EDHA Deployer account" and complete demographic information. When you have updated your information you may then click "Deployer" on the main screen.
4. Once into your profile, you should see your first and last name in the middle of the screen.
 - a. For a **Pre-Deployment Health Assessment (DD 2795)** click, "Report a New Assessment" on the left side of the screen.
 - b. For a **Post Deployment Health Assessment (DD 2796)** click the orange button on the **Latest Deployment** bar for PostDHA.
 - c. For a **Post Deployment Health Re-assessment (DD2900)** click the orange button on the **Latest Deployment** bar for PDHRA.
5. From here, the website should lead you to a survey that is between 1-2 pages long. When you are finished, please make sure you save your survey. If you have saved it correctly, a box will pop up with "Saved Successfully"
6. Each of the assessments will not be completed until a healthcare provider certifies the survey. A record reviewer is not utilized for PDHA/PDHRA/Post DHA. Please schedule your appointment with the 13 ABHC front desk 760-763-0300 or through the physicals department by pulling a ticket for "physicals" on the kiosk.

If you have any questions or concerns, the EDHA website please contact the 13 ABHC front desk or contact the 13 ABHC physicals department.



13 Area Branch Health Clinic

Steps to Schedule an EPHA

****Service members will find it beneficial to check their medical readiness status in MOL****

Step 1: Complete your online portion at <https://eha.health.mil/EHA/> .It is preferable that you complete your EPHA on a government computer.

Step 2: Once the Online portion of the PHA is complete and saved. Please pull a ticket for "EPHA" on the kiosk. To select a ticket for EPHA, please scan CAC, select "Medical Home" and then select "EPHA" .

Step 3: All PHA appointments are virtual. A provider will call the service member at the scheduled date and time of the appointment with the phone number provided on file.

For PDHRA/PDHA inquiries please complete the Online portion using the link listed above. Once completed please come to clinic to schedule PDHRA/PDHA.

Please see below for Clinic Services and hours.

<u>Clinic</u>	<u>Hours</u>	<u>Number</u>
Primary care/ Front desk	M-F: 0730-1600	760-763-0306
Laboratory	M-Th: 0730-1500 F:0730-1330	Walk-in (Stop by deployment health to get ordered first)
Immunizations	M- 0800-1500 T-TH: 0730-1500 and F: 0730-1345	Walk-in
Audiology	M-F: 0800-1100, 1300-1430	By sign up sheet posted same day
Physicals	M-F: 0730-1500	760-725-8799/8083
Records	M-F: 0730-1500	760-763-1602
Smart clinic	M-F: 0730-1600	760-763-6605
Pharmacy(In-Clinic)	M-F: 0730-1600	760-763-3625
Pharmacy (Refill Drive- Thru	M-F: 0730-1600	760-763-4900