

CAMP PENDLETON PMO

February 2025

COMMUNITY AWARENESS NEWSLETTER

TAKE A BITE OUT OF
CRIME



February Safety Tips:

- Test smoke detectors quarterly. Replace batteries at least once a year to ensure they're always functional. If your smoke detector begins to beep, replace the battery immediately.
- Keep space heaters at least three feet from flammable objects.
- Keep flammable liquid away from heat sources to prevent flammable liquid burns.
- Avoid leaving heated blankets unattended.
- Keep a safe distance from grills. Always have water or a fire extinguisher nearby.

February is National Heart Month

Every year more than 600,000 Americans die from heart disease. Heart disease affects all ages, genders, and ethnicities. Risk factors include high cholesterol, high blood pressure, smoking, diabetes, and excessive alcohol use. A healthy heart is a happy heart.

Community Oriented Policing Services

SSGT GRAHAM
SGT BALLEJO
760-725-1138

PHYSICAL SECURITY

SSGT DELEON
760-725-9545

Next Month's Focus: Significant March Events

- Shamrock Stampede
- Coffee with a Cop