



WARNING

INVASIVE DENGUE FEVER MOSQUITOES

Reports of locally acquired Dengue have found that Mosquitos are carrying the virus in LA and SD counties.

WHAT IS IT?

Dengue is a virus that spreads when an infected mosquito bites a human, causing dengue fever. This type of mosquito can also spread zika and other dangerous infectious diseases.



TRANSMISSION

Dengue spreads to humans from the bite of an infected mosquito. These mosquitoes typically lay eggs near standing water in containers that hold water, like:

- Buckets
- Flowerpots
- Birdbaths
- Pools
- Vases

PREVENTION

In order to prevent the spread of Dengue and protect you and your family:

- Use insect repellent.
- Cover beds and strollers with mosquito nets.
- Dress you and your child in long-sleeve shirts and pants.
- Remove containers of standing water.
- Keep screens and windows closed.

SYMPTOMS

- Fever
- Rash
- Nausea or vomiting
- Aches and pains (eye pain, typically behind the eyes, muscle, joint, or bone pain)

*If you or your family has recent mosquito exposure, traveled to a country with high risk of Dengue, and are experiencing these symptoms.... Contact your medical provider, or proceed to your local urgent care or emergency department.



Connect with a County of San Diego Public Health Nurse for more information:

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