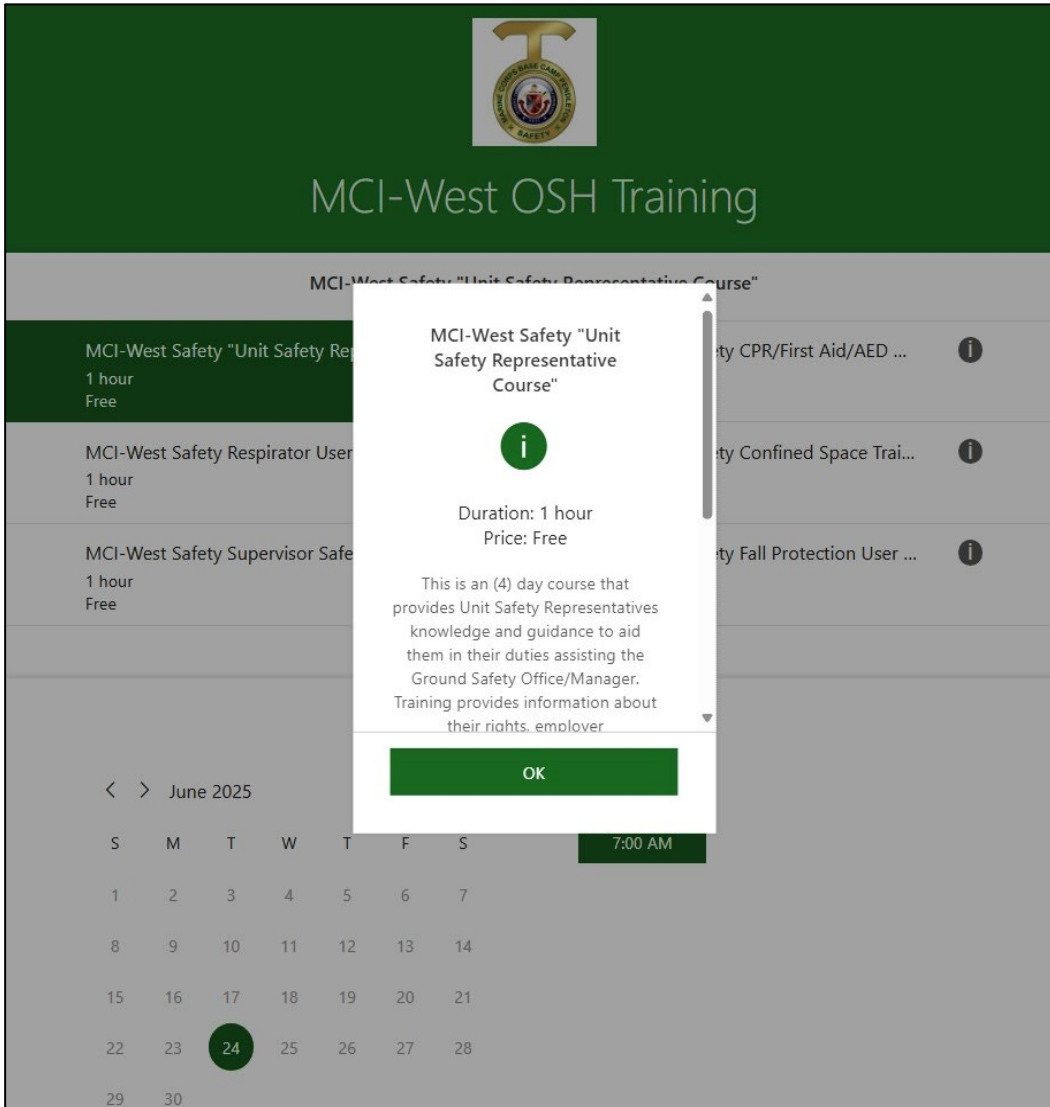


How to use the Booking App



To see available training and “Book” your seat in a class, simply go to our “Booking Page” (link below) and follow these steps:

1. Click on the “i” icon to see more information about the class.
This will include an overview, class start time, & location.
2. Once you know what class you want to take select click on the class.
3. Select a “Day” you want to take this class.
Dates with available seats will be bold in **black**.
When the date is selected a time should populate on the right-hand side.
4. Select the “Time” the class starts.
5. Fill out all the information that is requested below the calendar.
6. Hit “Book”.

Once you have booked your seat, you will receive a confirmation email that may require you to submit additional information.

You will also receive a reminder email before the class starts.