

Select Civil Service Benefits, Inc.

Description of Training:

1. Full day training (0800-1600) encompassing the following subjects:
 - Eligibility for Retirement
 - Annuity
 - Computations
 - Creditable Time
 - Military Time
 - Federal Employee Benefits, during and after employment
 - Federal Employee Group Life Insurance
 - Thrift Savings Plan
 - Social Security and Medicare
 - Federal Employee Health
 - Benefits Flexible Spending Account
 - Long Term Care Program
 - Planning for retirement and the retirement process
 - Resource List

2. Workbooks (see attached) for each participant to use during class and to take home

What to bring:

- LES
- TSP annual statement
- Social Security Statement
- Calculator
- Pencil
- Note paper